Family Friendly Loop (0.5 mile gentle terrain) This is an easy scenic walk, enjoyable for all ages. From the parking lot, walk through the pollinator garden onto Lady Bird Trail. Head downhill, passing Little Deer Pond towards Deer Pond. Look for Carp, Largemouth Bass and Green Frogs in the ponds, as well as damselflies and dragonflies patrolling the water's edge among the tall grasses. Birds you may encounter here include Chipping Sparrows, Eastern Bluebirds and Tree Swallows. Walk toward the white gourds strung on towers in the meadow. These are for colonially nesting Purple Martins. Continue around the pond and follow the stone wall uphill to the parking lot.

Dealy Trail (1.5 miles gentle terrain) This easy out-and-back trail starts at the parking lot. Walk through the pollinator garden, enjoying the native plants and the butterflies and wildlife that are attracted to them. Continue downhill, passing Little Deer Pond on the way to Deer Pond. Keep to the left side of the meadow passing a Bluebird box. Look for Quail Field and take Quail Trail heading downhill. Bear right and look for Dealy Trail on your left. This trail continues along forested wetlands in a loop and ends along a stone wall. Enjoy the return hike out, watching for Wood Frogs and other amphibians.

Flat Top Mountain Loop (0.75 mile gentle terrain) From the southern end of Cathedral Trail, (about 1 mile south of the parking lot), walk west toward the meadow-ringed pond, keeping it on your left. At the far end of the pond, look for Flat Top Mountain Trail signs on your right at the wood's edge. Enjoy the shade under the forest canopy on Flat Top Mountain. Turn right when you reach Old Stagecoach Road to take you back to the pond and Cathedral Trail.

Deer Pond Farm: a gift from the late Kathy and Walter Wriston

The generosity and foresight of the Wristons cannot be overstated. We are extremely grateful to be able to conserve this property forever as open space.

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Eastern Trail Map

Sherman, CT

Open Dawn to Dusk

388 acres and 10 miles of hiking trails connecting to an additional
10 miles and 447 acres in Pawling NY.

NO dogs, horses, fishing, swimming, camping, fires, hunting or collecting

Thank you for staying on trail.

57 Wakeman Hill Road
Sherman, CT 06784
860-799-4074
www.ctaudubon.org

Suggested Hikes

Bobcat Loop (2.0 miles moderately hilly) This trail is named for the Bobcat tracks that are commonly seen in the snow and mud. From the parking lot, head downhill past Deer Pond, picking up Bilberry Trail heading south. Bilberry Trail becomes Bobcat Trail. Continue to a meadow, bearing right to connect with Cathedral Trail to head north. Cathedral Trail takes you to a birding hot spot (see next trail description). Take Lowlands Trail uphill to Old Stagecoach, named for an old route that George Washington once travelled. Bear right onto White Oak Trail, named for a pair of majestic oaks. Turn right onto Agneil Trail heading north. Keep bearing left, heading up a gentle hill to Lady Bird Trail, which brings you back to the parking lot.

Birding Hot Spot Loop (1.5 miles moderately hilly) From the parking lot, head downhill past Deer Pond to Bilberry Trail. Turn right onto the Linkup Trail. Scarlet Tanager, Rose-breasted Grosbeak and Veery frequent this area. Bear right onto Cathedral Trail and when you arrive at the meadow, look for log benches facing a wetland. This is a hot spot because the mix of marsh, forest and meadow habitats attract a diversity of bird species. Yellow Warblers, American Redstarts and Baltimore Orioles are common here. Take Lowlands Trail uphill onto Old Stagecoach, crossing an intermittent stream where Louisiana Waterthrush forage. Bear right onto White Oak Trail, then turn right onto Agneil. Follow uphill, and take Lady Bird or Upper Brook Trail back to the parking lot.

NOTE: Limited Cell Service on Trails